



ROMET[®] Quality Medical Products Serving
the Laryngectomy Community Since 1979



**FULL
3-YEAR
WARRANTY**

9V MODEL R200 OPERATING INSTRUCTIONS

DISTRIBUTED BY



SANITAS - BULGARIA Ltd.

Made in the USA 



MODEL R200 FEATURES

- Full 5-Year Drop-Soak Warranty
- Full Range Pitch and Volume Control
 - Separate, Adjustable External Wheels – **No Tools Required**
- Aircraft Aluminum Barrel
 - Lightweight and Small
 - Locking Barrel to Prevent Accidental Opening
- Rechargeable 9V Lithium-Ion Battery for Extended Speech Time
 - **ONLY** Electronic Larynx with Reversible Battery Polarity
 - Accommodates Regular 9V Batteries
- CE Certified (documentation available upon request)

COMPLETE KIT

- 1 – R200 Unit
- 1 – Smart Charger
- 2 – Rechargeable 9V Lithium-Ion Batteries
- 1 – Intra-Oral Adapter with Five Straws
- 1 – Stoma Light with Lanyard
- 1 – Safety Neck Lanyard



CHARGER & BATTERY INSTRUCTIONS

Charger: Included with your unit you will find 2 - 9V Lithium-Ion batteries. When you receive your unit the batteries are only approximately 80% filled to capacity.

Please charge your batteries to full capacity prior to use to achieve maximum power. Plug your Lithium charger into a 110V circuit (220V will require an adapter for your local area - NOT included in your kit).

Insert one or two rechargeable batteries into your charger. Red LED light = Needs Charging. Green LED light = Fully Charged.

WARNING: Charge Li-Ion batteries in only a Li-Ion charger. DO NOT attempt to recharge them with any other charger. DO NOT put any other batteries in the charger, i.e. NiMH. **Normal 9V alkaline batteries will operate in your Romet® electro-larynx.**



Battery Insertion: Remove the battery end cap from the unit and insert the 9V Lithium battery into the barrel. The polarity of the battery is interchangeable; the + or - battery poles are reversible. Electrical contact will be made automatically when the barrel end cap is screwed onto the end of the barrel.

Slight pressure may be required the first time battery is inserted into unit. DO NOT FORCE.

SPEAKING INSTRUCTIONS

It is easy to control your speech with only one hand.

NO TOOLS REQUIRED.

Adjustable top head: Twist for fine-tuning of the sound, if needed. **WARNING** - over adjusting of the head will result in diminished tone quality; be careful.

On/Off Button: To speak, push the button and release when you are finished.

Pitch Wheel: (on the left) Turn the wheel for easy adjustment to a higher or lower pitch. No need to further adjust after you have achieved your desired pitch level.



Volume Wheel: (on the right) Turn the wheel for easy adjustment while you are speaking to increase or decrease your speaking volume for emphasis.

Practice: Place the Romet® Electronic Larynx to your neck and practice finding your "sweet spot" to achieve your best vocal tone.

NOTE: This spot can be many places on either your neck or the side of your mouth; each person is different depending upon your skin texture and the amount of radiation you have received. Look into a mirror and repeat simple sentences to achieve vocal clarity. If possible, record your voice and play it back to hear how you sound. Practice regularly!

ORAL ADAPTER INSTRUCTIONS

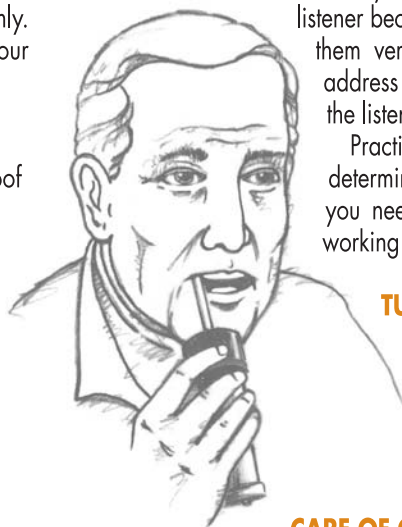


The oral adapter allows you to use any neck-type artificial larynx (AL) as an intra-oral device before the neck is healed sufficiently to allow pressure against the throat and at any other time when intra-oral use seems preferable. (Perhaps a pain or cough reaction, fatigue, swelling of throat tissues, etc.)

- Insert the tube in the small hole on top of the adapter.
- Push tube in far enough to hold it well. DO NOT force it so it extends down into the main cavity of the adapter.
- Push the adapter head over the AL so it seats firmly.
- Hold the AL in your non-dominant hand to free your dominant hand for writing and other uses.
- Place about 1 1/2" to 2" (3.8cm to 5cm) of the tube into the corner of your mouth with the open end above the tongue and pointed toward the roof of the mouth.
- Leave the tongue as free as possible to shape words naturally.
- Press the on/off button and you will have sound in your mouth for speech.

SPEECH PRACTICE

- Press the button and try saying simple vowels: "A aa, E eee, I, O oo, U."
- Next try short, simple sounds such as: "Ma Ma" and "Da Da."
- Then count: "one, two, three, four, five," etc. Do not hurry. Pronounce each word carefully.
- Try a few simple phrases: "How are you?" "Mary had a little lamb." Speak slowly and pay close attention to pronunciation, exaggerating this at first. As you learn to speak more clearly, you'll be able to talk a little faster, but do not ever speak too fast or run your sound and words on and on.
- Make your speech more understandable by using the button to turn the sound off and on between words, phrases and sentences. You will find that some sounds are more easily understood if the sound comes on just as you say them.
- Practice with a tape recorder! The help of a speech therapist is valuable in developing your best possible speech and is especially important for those with tongue coordination problems or tongue muscle damage.



A few sounds, such as "g" and "k," will be very difficult to say with an intra-oral device. Say "fishin" instead of "fishing." A slightly sloppy sound will not be too hard to understand if most of your other sounds are clear. Or substitute another word with similar meaning that is easier to pronounce. Say, "Mow the lawn," instead of, "Cut the grass."

SPEAK EXTRA SLOWLY AND CAREFULLY ON THE PHONE

People can't see your lip movements and facial expressions to help them understand you. Your name and address are the most difficult for a listener because there are no clues from the rest of the sentence. Say them very slowly and carefully. When giving your name and address to someone you don't know, say 3 or 4 sentences first so the listener can begin to understand your pattern of speech.

Practice on the phone with a friend or relative who can help you determine the best pitch and volume settings and which sounds you need to be extra careful with or practice more. Also, try working with an answering machine so you can listen to yourself.

TUBES – Capped tubes can be bent to hold any position and they help prevent intake of saliva or blocking the sound with the tongue or cheek - but they can become clogged with saliva or food. You may experiment with other tube lengths by cutting the tubes. You will need wire cutters for the capped tubes

CARE OF ORAL ADAPTER TUBES

- Shake accumulating moisture out of your tube often.
- Rinse your mouth after eating or drinking before talking.
- Wash the tubes with hot water and soap or detergent often to keep them fresh.
- If using a capped tube, brush out the slots.
- Rinse and allow to dry thoroughly to prevent rust.
- Tubes may be boiled or bleached. Plastic may whiten and the capped tube's wire may rust, this will not affect the use of the tubes.

IMPORTANT: Saliva or beverage should not be allowed to sit on the head of your AL for a long period of time. On a regular basis, remove the adapter from your AL and use a soft tissue to wipe any moisture or foreign material from the head and from the inside of the adapter. This should be done at least every evening before setting the unit aside for the night, and more often if needed to keep the head reasonably clean and dry.



FOR MORE  **ROMET**® INFORMATION, CONTACT:

ELECTRONIC LARYNX

SANITAS - BULGARIA Ltd.

25 Tzar Osvoboditel blvd, 1504 Sofia, Bulgaria, Tel: +359 2 943-38-38, Tel/Fax: +359 2 944-16-50
e-mail: sales@speech-aids.com, www.speech-aids.com